## CrystalÉnergie

## **Gaudry Normand**

Since the dawn of time, man has been drawn to primordial sounds, using them to create inner harmony and facilitate deep meditation. Even in our modern age, we still find people creating powerful sounds using ancient instruments such as the Indian jaltarang, the sacred bowls of the Buddhist temples, the tibetan bowls and the glass harmonica. Here at Mine Cristal we have been using quartz crystal vessels for their musical, therapeutic, energetic and meditative value since 1994.

The vessels are made in high-tech laboratories, using pure quartz crystals which are ground into a fine powder and fused at high heat to form a vessel. Since quartz crystal is made entirely of crystallized silica, it will react to many different stimuli (mechanical, electric, solar, sound, light, even the thought process), transforming and amplifying it. We human beings, who are also piezoelectric and composed of crystalline substances such as silica, are capable of great resonance with the quartz crystal vessels.

The sound of the vessels is penetrating and multidirectional. It surrounds us, passes through us and vibrates in every dimension of our being. You will experience a deeply restful, meditative state which will revitalize you. If you feel as though you're falling asleep, let yourself slip into that restorative slumber. Close your eyes, breathe deeply and let yourself float away....

## www.minecristal.com

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